

Owego-Apalachin Summer Food Service Program

June-Aug Breakfast Menu *This institution is an equal opportunity provider and employer*

Monday	Tuesday	Wednesday	Thursday	Friday
6-26 Trix Yogurt 100% Fruit Juice Animal Crackers Low Fat Milk	6-27 Golden Grahams 100% Fruit Juice Assorted Graham Snack Low Fat Milk	6-28 Cocoa Puffs 100% Fruit Juice Muffin Top Low Fat Milk	6-29 Trix Cereal 100% Fruit Juice Goldfish Grahams Low Fat Milk	6-30 Assorted Cereal 100% Fruit Juice Assorted Graham Snack Low Fat Milk
7-03 Apple Cinnamon Cheerios 100% Fruit Juice Muffin Top Low Fat Milk	7-04 July 4 th — No Breakfast Served	7-05 Reeses Puffs 100% Fruit Juice Animal Crackers Low Fat Milk	7-06 Ultimate Breakfast Round 100% Fruit Juice Fresh Fruit Low Fat Milk	7-07 Cinnamon Toast Crunch 100% Fruit Juice Goldfish Grahams Low Fat Milk
7-10 Cocoa Puffs 100% Fruit Juice Graham Snack Low Fat Milk	7-11 Apple Cinnamon Cheerios 100% Fruit Juice Goldfish Graham Low Fat Milk	7-12 Cinnamon Toast Crunch 100% Fruit Juice Muffin Top Low Fat Milk	7-13 Bagel w/Cream Cheese or Jelly 100% Fruit Juice Fresh Fruit Low Fat Milk	7-14 Reeses Puffs 100% Fruit Juice Goldfish Grahams Low Fat Milk
7-17 Golden Grahams 100% Fruit Juice Muffin Top Low Fat Milk	7-18 Honey Breakfast Bar 100% Fruit Juice Fresh Fruit Low Fat Milk	7-19 Cocoa Puffs 100% Fruit Juice Goldfish Grahams Low Fat Milk	7-20 Trix Cereal 100% Fruit Juice Assorted Graham Snack Low Fat Milk	7-21 Cinnamon Toast Crunch 100% Fruit Juice Muffin Top Low Fat Milk
7-24 Reeses Puffs 100% Fruit Juice Animal Crackers Low Fat Milk	7-25 Bagel w/Cream Cheese or Jelly 100% Fruit Juice Fresh Fruit Low Fat Milk	7-26 Apple Cinnamon Cheerios 100% Fruit Juice Goldfish Grahams Low Fat Milk	7-27 Trix Yogurt 100% Fruit Juice Graham Crackers Low Fat Milk	7-28 Frosted Mini Wheats 100% Fruit Juice Muffin Top Low Fat Milk
7-31 Cocoa Puffs 100% Fruit Juice Assorted Graham Snack Low Fat Milk	8-01 Cereal Bar 100% Fruit Juice Muffin Top Low Fat Milk	8-02 Golden Grahams 100% Fruit Juice Animal Crackers Low Fat Milk	8-03 Ultimate Breakfast Round 100% Fruit Juice Fresh Fruit Low Fat Milk	8-04 Apple Cinnamon Cheerios 100% Fruit Juice Goldfish Grahams Low Fat Milk
8-07 Trix Cereal 100% Fruit Juice Muffin Top Low Fat Milk	8-08 Frosted Mini Wheats 100% Fruit Juice Animal Crackers Low Fat Milk	8-09 Cinnamon Toast Crunch 100% Fruit Juice Goldfish Graham Low Fat Milk	8-10 Bagel w/Cream Cheese or Jelly 100% Fruit Juice Fresh Fruit Low Fat Milk	8-11 Reeses Puffs 100% Fruit Juice Assorted Graham Snack Low Fat Milk
8-14 Assorted Cereal 100% Fruit Juice Assorted Graham Snack Low Fat Milk	8-15 Cereal Bar 100% Fruit Juice Muffin Top Low Fat Milk	8-16 Assorted Cereal 100% Fruit Juice Assorted Graham Snack Low Fat Milk	8-17 Assorted Cereal 100% Fruit Juice Assorted Graham Snack Low Fat Milk	8-18 Assorted Cereal 100% Fruit Juice Assorted Graham Snack Low Fat Milk
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